10/20 RULE CALENDAR SHEET
MEDICATION-OVERUSE HEADACHE

DAYS IN THE MONTH WITH MEDICATION

-10 +10

01 02 03 04 05 06 07
08 09 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

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